

Christ United Methodist Church

Christian Life Center

Adult Basketball Rules

Revised 3/26/08

1. Government

- a. The Christ United Methodist Church (CUMC) Adult Basketball League shall be governed by the CLC Staff and the CLC Advisory Board. The League Director will handle all protests and disciplinary matters.**

2. Fees

- a. Each player shall pay a fee for participation**
- b. All fees must be paid by the designated time and paid directly to the CLC staff.**
- c. There will be no refunds after play has begun.**

3. Eligibility

- a. The CLC basketball league is open to all participants ages 14 and above. Any participant under age 18 must have their registration form signed by a parent or guardian.**
- b. All players and teams must be qualified under the Texas Amateur Athletic Federation.**
- c. Rosters will be limited to 10 people.**
- d. The league will be open to individual participants as well as preformed teams. Team assignments for individuals will be handled by the League Director and no changes will be made after assignments have taken place.**
- e. Teams must conform to the roster outlined after assignments. No player will be allowed to play for different teams. Any team using a player not on their roster will forfeit the game.**
- f. Any team unable to field a team upon game day will forfeit.**
- g. All teams must sign up prior to the league cut off date. No late team additions will be accepted.**

- h. Each team under the 10 player maximum is allowed to add players to their roster through completion of the second game. After the second game, no additional players may be added. Before an added player can participate, they must pay the required fee and fill out a registration form. Added players under 18 years of age MUST have their registration form signed by a parent or guardian before they will be allowed to participate in the league.**
- i. There will be NO injury substitutions. Any player injured during the course of the season CANNOT be replaced on the roster with another player.**
- j. League play is open to the community, however daily use of the Christian Life Center is reserved for members. Scheduled time will be available each week for Men's Basketball League participants to use the facility. Non-member-league participants are allowed to practice at the Christian Life Center, but only during the allotted time.**

4. Rules of Competition

- a. Unsportsmanlike conduct will not be tolerated at any time. Every player, coach, manager or spectator is subject to the rules of conduct as outlined in the CLC Policies. Any person displaying unsportsmanlike conduct will be disciplined by the League Director and/or the CLC staff.**
- b. Any person consuming or exhibiting the effects of drugs or alcohol will be expelled from league play.**
- c. Each team must have a manager or elected team captain that will speak on behalf of the team and spectators. Only team captains may address the official.**
- d. All players must wear the provide jerseys or provide their own matching jerseys with numbers.**
- e. Games will consist of 2 **20-minute** halves, with a 5 minute half time. The clock will not stop until the final 2 minutes of the game where it will stop for free throws and out of bounds. The game shall not end in a**

- tie. Overtime will consist of consecutive 3 minute periods until there is a winner. Each team is allowed 2 timeouts per half and 1 timeout per overtime period.**
- f. During free throws, the player shoots 1 shot. If the bucket is made the team is awarded 2 points. If the shot is missed, the player does not shoot any additional shots and is awarded no points.**
 - g. Substitutions will occur only on change of possession, and all subs MUST check in at the score table to enter the game.**
 - h. The speed of the game will be governed by the official. Any team attempting to run excess time off the clock by any means (not throwing the ball in, excessive substitution time, etc.) will be charged a technical foul.**
 - i. Any team that receives 2 technical fouls during a game will forfeit the game.**
 - j. Any player who receives 2 technical fouls will be ejected from the game and forced to leave the facility. The violating player will also be suspended for the following game.**
 - k. No Dunking is allowed.**
 - l. All official's judgments shall be final.**
 - m. Games will be played 5 vs. 5; however teams may begin play with 4.**
 - n. The officials will determine 2 and 3 point shots.**
 - o. All games will be played as scheduled.**
 - p. No make up games will be allowed.**
 - q. If a team knows prior to game time that they will be unable to field a team, the team captain should call the CLC staff at 972-596-6073.**
 - r. Other than rules noted in this outline, all others will be NCAA.**
 - s. The format of the season will be round robin followed by a tournament. The format of the tournament will be determined by the League Director before the season begins.**
 - t. Placement of teams in the Recreational or Competitive Division will be determined by the League Director.**

- u. There will be no substitution of players not listed on the team roster. Teams playing with members not listed on the roster will forfeit the game.**
- v. Mercy Rule. If any team is up by more than 20 points, the clock will continue to run through the 2:00 minute mark. Also, if any team is up by more than 20 points, at any point in the game, and institutes a full court press, they will be charged an unsportsmanlike technical foul.**
- w. Administrative technical fouls will NOT count against the 2 technical foul forfeiture rule.**